



TIWI TIMES

Tiwi Islands Training and Employment Board

Language Literacy and Numeracy Program at Milikapiti



Cook for the Family Program

The Cook for the Family Program has been a huge success on the Tiwi Islands and it is really making a difference to Tiwi Lives.

Steve Sunk (The Walkabout Chef) has now run several programs in Milikapiti and Nguui and they are always well attended with a zero dropout rate! In April he will be back again doing a full Certificate I in Cooking at Milikapiti for a group of 12 men and women who did

the Cook for the Family Program with him. They will be building on the initial skills they gained with Steve to be the first to complete a course like this at Milikapiti. These Tiwi people are now also doing a Certificate I in Baking with David from Charles Darwin University this semester – again a first for the community.

These Tiwi men and women are all enrolled in the Language Literacy and Numeracy Program (LLNP) and were assessed as functionally illiterate and innumerate on entry 12 months ago when they commenced the program. They are now role models and are encouraging others to join the program. There are now some young mothers attending also.

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Quote of the Month

To accomplish great things, we must not only act, but also dream: not only plan but also believe.

Anatole France
(1844 - 1924)

Language Literacy and Numeracy Program at Milikapiti



Donessia, our LLN lecturer has had a huge role to play in this and has participated in all the training. This enables her to continue the delivery in between the blocks of training being conducted in baking and cooking building on the skills delivered and keeping the momentum going. This program is producing tangible results. Every day the students take what they cook home to the family, and extended family. They are using traditional bush tucker and cooking it. They have also catered for a few small local functions and the church.

They have a little trade going with the Tiwi Enterprises farm at Milikapiti whereby they trade bread and pizzas for fruit and vegetables which they then use in their cooking. Pumpkin damper, scones and lemon barley water, fish laksa, vegetarian pizza's, buffalo stew, Anzac biscuits and spicy pumpkin cake are regularly on the menu. Wallaby, buffalo and fish dishes are replacing pies and chicko rolls. Freshly made lemon and barley water is replacing coke.

The skills they have developed are not restricted to practical cooking and baking skills. They have developed extensive computer skills while researching recipes and information on nutrition on line. Their literacy and numeracy skills have improved due to being engaged in a practical and future's driven program. Their understanding of nutrition and health has also increased dramatically. They are very proud of their achievements and are looking forward to developing these skills to a commercial level.

This program fits perfectly with our Money Management Program (MMP) and our Language Literacy and Numeracy Program (LLNP) at both communities. As our LLNP students are also MMP clients we are achieving the outcomes of both programs through this program. Through this tool we are now able to achieve the outcomes of the Stores in Communities Program as they do comparative studies on not only prices, comparing local prices to mainland prices with freight costs, but also reading labels on fat and sugar contents of various items. This has helped with a new understanding of the role food plays in High Cholesterol, Diabetes and Heart Disease.

The covert outcomes of this program are perhaps even more important. The move back to bush tucker and freshly grown vegetables is a move back to where the Tiwi were before Europeans came to the Islands with fatty foods, salt, coke and pies. The Tiwi men and women are developing a small vegie garden next to the breezeway where the cooking takes place in the TITEB Training Centre.

The women at Milikapiti are already moving towards their next step. They are establishing the "Milikapiti Women's Cooperative" They want to start up their own small takeaway shop which only sells wholesome, nutritious meals. They have applied for a grant from ABA to convert one of TITEBs building to establish a commercial kitchen, which is part of their LLN learning. They are researching the establishment of a small business and all that is associated with doing this. The women have invited guest speakers to advise them on developing small business as part of a drive for Tiwi small business ownership.

Unemployed Tiwi men have also become part of the program, using bush and hunting skills to provide buffalo meat and fish. The men's cooking program is under the leadership of Steve Sunk, and the men's baking program is under the leadership of David Barker an International award winning baker. The women's baking program is held three mornings a week and the men's cooking program is held three afternoons a week following Tiwi traditional ways of working. TITEB hope to increase this to five times a week later this year.

You can do it! Call today to talk to a VET adviser!

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Tiwi Islands Australia Day Awards 2012



CITIZENS OF THE YEAR

Bill Toy, Teresita Puruntatameri

YOUNG CITIZENS OF THE YEAR

Christine Joran, Shane Kerinaiaua

COMMUNITY EVENTS OF THE YEAR CERTIFICATES

50 YEARS CELEBRATIONS – MILIKAPITI

100 YEARS CENTENARY OF THE MISSION – WURRUMIYANGA

MILIMIKA FESTIVAL – WURRUMIYANGA

ACHIEVEMENT MEDALS

Barry Puruntatameri, Kevin Doolan, Raelene Mungatopi, Joey Burke

Natasha Pautjimi

APPRECIATION CERTIFICATES

Catherine Ullungura, Barry Hayes, Mohammed Corpus, Lorenzo Kerinaiaua

Kristy Lee De Santis, Cher Breeze, Cheryl Bowen, Sarah Bush

Lawrence Bruppacher, Adam Whitlam, David Boyd, Big Eye -Stephen Lorenzo

Shelley Wills, Deanne Rioli, Walter Kerinaiaua

PARTICIPATION CERTIFICATES

DJ – David Guy, Danielle Dunn, Mark Tunmuck, Henry Dunn, Adam Clarke

ACHIEVEMENT CERTIFICATES

XAVIER Jessiah Timaepatua

XAVIER Noreen Mungatopi

XAVIER Kimberley Cunningham

Kathleen Cunningham (Grade 6)

Excellent Attendance and Outstanding Efforts in their Class work. MCS

Timanhis Timaepatua (Grade 6)

Excellent Attendance and Outstanding Efforts in their Class work



BE CROCWISE

Crocodiles can be found in the ocean, rivers, wetlands, freshwater and inland watercourses.

Enjoy the Top End waters in safety.

- Only swim in safe designated areas.
- Avoid the waters edge wherever possible.
- Obey all crocodile warning signs.
- Never provoke, harass or interfere with crocodiles, even small ones.
- Don't hang arms or legs out of a boat when on the water.
- Maintain a safe distance from the water when fishing.
- Never feed crocodiles - it is illegal and dangerous.

www.nt.gov.au/becrocwise

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Circulating throughout Melville and Bathurst Islands which include the Communities of Pirlangimpi, Milikapiti, Wurrumiyanga & Ranku

Articles For The Tiwi Times

If you have any articles which you would like to go into the March Tiwi Times please email them to us at tiwitemes@titeb.com

We try our hardest to get your Tiwi Times out by the end of each month and it would be appreciated if you could have your articles for the next Times to us by:

Tuesday 20th of March